



*The Lovely Cow Shed*

Outside Caterers of "Reyt good fodder!"



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## The Lovely Cow Shed Newsletter

May Edition

Hi {{ contact.FIRSTNAME }},

Welcome! And welcome to our 4th birthday! 4 years since the Lovely Cow Shed began...



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## Happy Birthday @ The Lovely Cow Shed

We are **four years old!** We'd love to thank everyone who supported us over the past four years! We've achieved so much together! And here's a few images to look back on fondly! **Many thanks to all our wonderful customers!**



The Granary Book Club was fabulous and gave last month's book 5/5! which was 'All The Light We Cannot See' by Anthony Dodrr. This month's read is 'A Boy Made of Bricks' by Keith Stuart. The book club has been very popular and is regularly oversubscribed and so we decided to start a second book club - 'The Lovely Readers'. Our first meeting is on Tuesday 6th May and places are filling up fast! Please book now to avoid disappointment.

[Book On Our New Book Club](#)

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Workshops: This month, we created beautiful macramé shelves with our amazing teacher, Deborah.





Workshops: We did First Aid for SRH Agribusiness who are all now fully trained First Aiders!





Thanks to Dawn Holden for her expertise, you can find out more about her business at [www.pandaparamedics.com](http://www.pandaparamedics.com)

[View All Workshops](#)

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**This month's upcoming wonderful workshops...**



8th May 2025

## Fabric Basket Workshop

- 6:30 pm – 8:30 pm
- Forty Acre Farm, Jeffrey Hill,
- Longridge, Lancashire
- £35.00

Fabric Basket making with Deborah who is a wonderful teacher and can help anyone whether you have no idea or are a gifted crafter. There are still places available.

Book your place today!



21st May 2025

## Silver & Foil Embossing Workshop

- 7:00 pm – 9:00 pm
- The Lovely Cow Shed
- £30.00

This is a wonderful workshop where you will make a beautiful, framed embossed picture.

Laura, our teacher, will guide you through the art of drawing on metal and you will have plenty of practice before you make your final piece.

Book your place today!



22nd June 2025

## Wire Birdcage Workshop

- 1:00 pm – 5:00 pm
- The Lovely Cow Shed,  
Forty Acre Lane, Jeffrey Hill, Preston
- £55.00

Ready to get hands-on, bend some wire, and bring your imagination to life? Join us for an exciting and artistic workshop where you'll design and create your very own wire birdcage sculpture - perfect as a whimsical decoration or unique gift! Expert guidance from a local artist and all tools, materials, cake and drinks provided - just bring your creativity!

[Book your place today!](#)

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## This month's Foraging - Wild Garlic





Wild Garlic is out in force with the beautiful weather we have been having. Get it picked and make some wonderful pesto or even some Wild Garlic & Parmesan scones. The perfect combination with a tasty homemade soup.

6 Scones

8oz self raising flour

1/2 tsp of baking soda

2oz butter

2oz wild garlic & parmesan/any cheese

Milk - just to hold the contents together

I always use my small cutter for these as you don't need them to be too big. Cook in the oven for 20 mins or until golden on top on 180 Celsius.

## Future Foraging Workshops

Keep your eyes on my **Facebook** and **website** at [www.theloveleycowshed.com](http://www.theloveleycowshed.com) for our foraging workshops - either in late May or early June we will be making Elderflower cordial and Elderflower Honey! These will be half day events with limited places.

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# Supper Club

Our popular Supper Club is back! **Supper Club on Thursday 16th May from 7pm to 11pm** — a wonderful chance to enjoy delicious food and warm company in a relaxed setting. Just bring your favourite booze.

For just **£65 per person**, you'll enjoy a curated dining experience that includes food and drink, with the opportunity to meet our lovely regulars and make new friends.

It's the perfect night out for food lovers and anyone looking to connect and unwind in style.

*Spaces are limited, so book early to secure your seat at the table!*



[Book the Supper Club today!](#)

Plus, I'm excited to announce that I'll be starting to teach the Bread Workshop. Keep your eyes peeled for new Bread Workshop dates coming too! And we'll also soon have Elderflower and Foraging workshops coming soon!





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## Mental Health Awareness Week 2024 (12<sup>th</sup> – 18<sup>th</sup>)

This year's theme is “**Community**” because being active is important for our mental health.

Many of us struggle to get enough exercise for many reasons, so [Mental Health](#) want to help people to find moments for movement in their daily routines. Going for a walk in your neighbourhood, putting on your favourite music and dancing around the living room, chair exercises when you're watching television – it all counts!

It's important to give yourself some 'me time, ' so why not join us for a **Meet & Make Monday**, from 10 a.m. to 12 noon, at The Granary for a relaxing morning of crafting, conversation, and a tasty cuppa with delicious homemade cake? Bring your craft project or just yourself and a book—everyone is welcome! All for just £5. There is no need to book; just come along and there's always someone to chat to.



## Last Month's Highlights

A selection images from First Aid, Macramé. 'Meet & Make' Mondays, charity work and Book Clubs





## Book Your Spot Today!

Our workshops are filling up fast, so don't miss out! Visit our website or contact us to reserve your place and be part of our vibrant creative community. We can't wait to welcome you to The Lovely Cow Shed!

If you'd like us to organise a bespoke workshop or event please let us know and we'll create an event for you to experience. We're new to newsletters so please let us know what you would like to see.

Call Annie on [07968 905607](tel:07968905607)

Email [thelovelycowshed@gmail.com](mailto:thelovelycowshed@gmail.com)

Forty Acre Farm, Jeffrey Hill, Longridge, Lancashire, PR3 2TU.

Best wishes, Annie X

Book a Lovely Cow Shed Event Today!



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